The Healthy Kids Colorado Survey is the state’s only comprehensive survey on the health and well-being of young people. In 2017, the survey sampled approximately 56,000 youth from 190 randomly selected middle and high schools statewide. The voluntary, biennial survey collects a wide range of health and behavioral information that helps public, private and community organizations better understand the youth they serve and support them in making healthy choices. The data below represents high school youth.

**Tobacco Use**

33% of Colorado youth are using nicotine.*

*All tobacco products including cigarettes, chew, e-cigarettes, hookah, cigars and others

**Current Use of Tobacco Products**

- **Cigarettes**: 7%
- **Any tobacco product (except e-cigarettes: cigarettes, cigars, chewing tobacco, snus, hookah, pipe, or bidis)**: 14%
- **E-cigarettes**: 27%
- **Any tobacco product (including e-cigarettes)**: 33%

**Current Use of E-Cigarettes by Grade**

- 9th grade: 18%
- 10th grade: 25%
- 11th grade: 32%
- 12th grade: 34%

**E-Cigarettes Are the Second Most Tried Substance Among Colorado Youth**

Have used substances at least once in their life.

- Alcohol: 59%
- E-cigarettes*: 44%
- Marijuana: 35%
- Cigarettes: 16%

*Does not include marijuana

**Risk Perception and Access**

Among all Colorado youth

- **Do youth think:**
  - Smoking is risky? 87%
  - It’s easy to get cigarettes? 56%
  - Vaping is risky? 50%
  - It’s easy to get e-cigarettes? 58%

- **Are cigarette smokers trying to quit?** 46% YES
- **Are youth exposed to secondhand smoke or vapor at home?** 20% YES

**Learn More:** For more information and complete survey data, visit healthykidscolo.org.
HEALTH DISPARITIES
Demographic breakdown of tobacco users.

CURRENT USE BY RACE / ETHNICITY

<table>
<thead>
<tr>
<th>CIGARETTE</th>
<th>E-CIGARETTE</th>
</tr>
</thead>
<tbody>
<tr>
<td>5% Black</td>
<td>17%</td>
</tr>
<tr>
<td>3% Asian</td>
<td>17%</td>
</tr>
<tr>
<td>7% Hispanic</td>
<td>25%</td>
</tr>
<tr>
<td>7% White</td>
<td>29%</td>
</tr>
<tr>
<td>19% Pacific Islander</td>
<td>33%</td>
</tr>
<tr>
<td>10% American Indian</td>
<td>31%</td>
</tr>
<tr>
<td>11% Multiracial</td>
<td>30%</td>
</tr>
</tbody>
</table>

CURRENT USE BY SEXUAL ORIENTATION AND GENDER IDENTITY

<table>
<thead>
<tr>
<th>CIGARETTE</th>
<th>E-CIGARETTE</th>
</tr>
</thead>
<tbody>
<tr>
<td>6% Heterosexual</td>
<td>27%</td>
</tr>
<tr>
<td>17% Gay or Lesbian</td>
<td>31%</td>
</tr>
<tr>
<td>15% Bisexual</td>
<td>32%</td>
</tr>
<tr>
<td>33% Transgender</td>
<td>44%</td>
</tr>
</tbody>
</table>

CDPHE acknowledges that social, economic and environmental inequities result in adverse health outcomes and have a greater impact than individual choices. Reducing health disparities through systems change can help improve opportunities for all Coloradans.

CIGARETTE SMOKING AND VAPING TRENDS

- Family Rules: Youth who have clear family rules are 39% LESS likely to vape.
- Talking with Parents: Youth who can ask a parent for help are 31% LESS likely to vape.
- School Safety: Youth who feel safe at school are 28% LESS likely to vape.
- Extracurricular Activities: Youth who participate are 12% LESS likely to vape.
- Parental Involvement: Youth whose parents know where they are and who they are with are 49% LESS likely to vape.
- Curfew: Youth whose parents know if they don’t come home on time are 38% LESS likely to vape.
- Skipping School: Youth who did not skip school in the past month are 52% LESS likely to vape.

LEARN MORE: For more information and complete survey data, visit healthykidscolo.org.